

Riwishi.com Comprehensive Size Guide

Welcome to the Riwishi size guide! We understand that finding the perfect fit online can be tricky, especially with items sourced from different brands and suppliers. This guide aims to provide you with the most accurate sizing information available from our main suppliers, Next.co.uk and SportsDirect.com.

How to Measure Yourself:

- **Bust/Chest:** Measure around the fullest part of your bust/chest, keeping the tape measure horizontal.
- **Waist:** Measure around your natural waistline, usually the narrowest part of your torso or just above your hips. Keep the tape comfortably loose.
- **Hips:** Measure around the fullest part of your hips and bottom.
- **Inner Leg (Inseam):** For trousers, measure from the top of your inside leg at the crotch down to your ankle bone, or to the desired length.
- **Height:** Stand straight against a wall without shoes and measure from the top of your head to the floor.
- **Bra Band:** Measure snugly around your ribcage, just underneath your bust.
- **Bra Cup:** Measure around the fullest part of your bust. The difference between this and your band measurement helps determine cup size.

Please note: Sizing can vary slightly between brands and even different styles from the same brand. These charts are a general guide. If a specific product has unique sizing notes, we will try to include them on the product page. For Petite and Tall ranges, see specific notes at the end of this section.

Women's Sizing Charts

General Apparel (Tops, Dresses, Bottoms, Knitwear, Nightwear)

This table provides a general overview. More specific charts for certain item types follow.

International Size	UK Size	Bust (cm)	Waist (cm)	Hips (cm)	Approx. EU	Approx. US	Approx. AU	Approx. RUS
2XS	6	80 - 81	61 - 62.5	83.5 - 86	34	2	6	40
XS	8	84	66 - 67.5	87.5 - 89	36	4	8	42
S	10	86 - 86.5	69 - 71	94 - 95	38	6	10	44
M	12	90 - 91	74	99	40	8	12	46
M	14	94 - 97	79	104 - 105.5	42	10	14	48
L	16	99 - 102	84	109 - 110.5	44	12	16	50

L	18	104 - 107	89 - 91.5	114 - 117	46	14	18	52
XL	20	109 - 112	94 - 99	119 - 123	48	16	20	54
XL	22	114 - 117	99 - 103	124 - 127	50	18	22	56
2XL (XXL)	24	123	109	131	52	20	24	58
2XL (XXL)	26	128	116	137	54	22	26	60
4XL	28	-	-	-	56	24	28	62

Knitwear - Specific Sizing

UK SIZE	Height (CM)	Hips (CM)	UK Shirt Size (Equivalent)
Small	150-164	86-100	8-12
	150-164	101-107	14-16
Medium	165-176	86-100	8-12
	165-176	101-107	14-16
Large	177 - 183	86 - 100	10-14
X-Large	155 - 183	108 - 122	18-22

Nightwear - UK Size Conversion

International Size	UK Size
XS	6
S	8/10
M	12/14
L	16/18
XL	20/22
XXL	24/26

Jeans & Trousers - Leg Length by Height

(This provides inner leg length based on overall height and fit type)

UK Size Type	Recommended Height	Inner Leg (CM)
Petite	4'11" - 5'3" (150 - 160cm)	69

Regular	5'3" - 5'6" (160 - 167.5cm)	74
Long	5'6" - 5'10" (167.5 - 177.5cm)	79
Extra Long	5'10"+ (177.5cm +)	84
Tall	5'10"+ (177.5cm +)	89

Lingerie - General Sizing

Size	UK Size	Bust (IN)	Waist (IN)	Hips (IN)
X-Small	4 - 6	30 - 31.5	24.5 - 25.5	33 - 33
Small	8 - 10	33 - 34	26.5 - 28	36 - 37
Medium	12 - 14	35 - 37	29 - 31	39 - 41.5
Large	16 - 18	39 - 41	33 - 36	43.5 - 46
X-Large	20 - 22	43 - 45	39 - 40.5	48 - 50
XX-Large	24 - 26	48 - 50.5	43 - 45.5	51.5 - 54

Lingerie - Bra Band Sizes

Band Size (Numeric)	EU	UK
30	65	30
32	70	32
34	75	34
36	80	36
38	85	38
40	90	40
42	95	42
44	100	44

Lingerie - International Bra Cup Sizes

(Note: This is a general conversion and can vary significantly by brand.)

UK Cup	EU Cup	US Cup (Often Similar to UK or Varies)
C	C	C
D	D	D
DD	E	DD/E
E	F	DDD/F
F	G	G (or DDDD)

FF	H	H
G	I	I
GG	J	J
H	K	K
HH	L	L
J	M	M

Footwear (Shoes, Trainers, Slippers)

UK Size	EU	US	AU/NZ	Slippers Size
3	35.5	5	5	S
3.5	36	5.5	5.5	S
4	37	6	6	S
4.5	37.5	6.5	6.5	S
5	38	7	7	M
5.5	38.5	7.5	7.5	M
6	39	8	8	M
6.5	40	8.5	9	M
7	41	9	10	L
8	42	10	11	L
9	43	11	12	XL

Boots - Calf Circumference (CM) (Example)

(This is a guide for how calf fitting might vary. Actual measurements are brand/style specific)

UK Size	Formal Fitting Boot (CM)	Smart Casual / Semi Fitted Boot (CM)	Tubular / Slouchy Straight Leg Boot (CM)
3	36.5	37	37
3.5	37	37.5	38
4	37.5	38	38.5
5	38	38.5	39
6	38.5	39	39.5
6.5	39	39.5	40
7	39.5	40	40.5

8	40	40.5	41
9	40.5	41	41.5

Petite Range Information

Our Petite range is generally available in UK sizes 6 - 20 and is suitable for women who are 5' 3" (160cm) and under. Adjustments are typically:

Garment	Adjustment from Main Range Garment
Short Dresses & Skirts	Shortened up to 5cm
Long Dresses & Skirts	Shortened up to 15cm
Sleeve Length	Shortened up to 4cm
Trousers (rise*)	Rise length shortened by 1.5cm
Trousers (inside leg)	Inside length shortened by 5cm

\A trouser rise refers to the measurements between the crotch and the waist band.*

Tall Range Information

Our Tall range is generally available in UK sizes 6 - 20 and is suitable for women who are 5' 10" (177.5cm) and over. Adjustments are typically:

Garment	Adjustment from Main Range Garment
Short Dresses & Skirts	Lengthened up to 12cm
Long Dresses & Skirts	Lengthened up to 17cm
Sleeve Length	Lengthened by 1 1/4 to 3cm
Trousers (rise*)	Rise length lengthened by 2cm
Trousers (inside leg)	Inside length lengthened by 15cm

\A trouser rise refers to the measurements between the crotch and the waist band.*

Sunglasses - Filter Categories

Filter category	Tint	Use
0	Clear / Very Light	No reduction in Glare
1	Light Tint	Cloudy Conditions
2	Medium Tint	Regular Conditions
3	Dark Tint	Sunny Conditions